

Finding the Right Job

You shouldn't take a job just because you can earn money doing it. To succeed at work, you'll need to find a job that's a good **match** for you. That means you're good at it, you feel comfortable working there, and you like what you're doing!

You know you've found a good job match if you are:

- Doing things you like to do
- Doing things you're good at
- Working somewhere you feel comfortable
- Working with people you like
- Working the number of hours you want to
- Working the times of day you want to
- Working the days of the week you want to
- Earning enough money

Before you start looking for a job, think about these things. It's also a good idea to talk to other people who know you. They can share their ideas about what might be good places for you to work.

You can talk to:

- > friends
- > parents
- > brothers and sisters
- > grandparents
- > other relatives
- > teachers
- > neighbors
- > people you've worked with
- > counselors

Some Questions to Help You Find a Good Job Match

At Home:

- What do you do when you're at home?
- How do you help out at home? For example, what chores do you do?
- What chores do you like doing?
- What chores do you not like doing?
- What do you like to do for fun at home?

At School:

- What classes do you or did you like in school?
- What classes do you or did you not like in school?
- What activities and clubs do you or did you participate in at school?
- What school activities did you like?
- What school activities did you not like?
- What did you like about school?
- What did you not like about school?

Work Experience (Paid or Unpaid):

- Where have you worked?
- What jobs have you liked?
- What jobs have you not liked?
- What were the things about the job(s) that you liked?
- What were the things about the job(s) that you didn't like?

Leisure:

- What do you like to do for fun?
- What sports or other fun activities do you enjoy?
- What are your hobbies?
- What do you like to do with your friends?
- Do you like to do things by yourself, or with other people?

If you got a job, what would be okay and not okay?

	Okay	Not Okay
Working indoors		
Working outdoors (even in bad weather)		
Doing physical labor (like working on a farm)		
Lifting things (like loading boxes on a truck)		
Doing clerical work (like filing & making photocopies)		
Cleaning		
Organizing and sorting things		
Working with food		
Working on a computer		
Having to read things		
Having to write things		
Having to do math		
Doing the same thing all day		
Doing lots of different things during the day		
Working in an office		
Working in a factory		
Working in a store		
Working in a warehouse		
Working in a small building		
Working in a big building		
Working by yourself		
Working with a few people		
Working with lots of people		
Working in a place that is noisy		
Working in a place that is quiet		
Having to talk to people		
Having to be quiet all day		
Having a supervisor nearby most of the time		

	Okay	Not Okay
Never having a supervisor nearby		
Helping customers		
Dressing up for work		
Wearing a uniform		
Dressing however you want		
Moving and walking around		
Sitting all day		
Standing all day		
Getting dirty at work		
Having to stay clean at work		
Working with people your own age		
Working mainly with people older than you		
Working mainly with people younger than you		
Working around children		
Starting work in the morning		
Starting work in the afternoon		
Starting work in the evening		
Working on weekends		
Working on holidays		

+ How many hours per day would you like to work? _____

+ How many days per week would you like to work? _____

